## **Evaluation survey for remote working**



To help you get an idea of how your remote working policy is performing and whether it suits your business and employees, it is important to evaluate from time to time. We have created an evaluation survey where you can pick from the questions provided and adapt it to your business and work situation.

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Do you have what you need to be able to perform your work tasks?  • Yes  • No  • Not relevant
Do you think that the information and communication channels available are sufficient and working?  • Yes  • No  • Not relevant
Are there set routines for a workday?  • Yes  • No  • Not relevant
Do you have regular contact with other colleagues during the day?  • Yes  • No  • Not relevant
Do you feel that you can carry out your work and collaborate with colleagues effectively?  o Yes  o No  o Not relevant
Can you carry out your work with customers and external contacts effectively?  o Yes  o No  o Not relevant
Do you have the digital tools you need to collaborate, participate in video conferencing and get your work done?  • Yes  • No  • Not relevant

Are you able to collaborate with your colleagues easily and effectively?  o Yes  o No  Not relevant
Do you have someone who can act as a sounding board for your ideas?  o Yes  o No  o Not relevant
Do you have the opportunity to take breaks, such as for movement, rest and reflection between digital meetings?  • Yes  • No  • Not relevant
Is there a clear distinction between work and rest?  • Yes  • No  • Not relevant
Does your workload feel well balanced?  o Yes  o No  o Not relevant
Do you have regular follow ups with your boss?  o Yes  o No  o Not relevant
At your follow ups, do you find that you can discuss your experiences of working remotely?  • Yes  • No  • Not relevant
Have you received a work plan for both the short and long term?  O Yes  No  Not relevant
Have you received sufficient information or training on how to work to avoid physical and mental health problems?  o Yes o No o Not relevant

Do you feel that your work environment provides good enough ergonomics?  o Yes  o No  o Not relevant
Do you feel that you have the necessary tools you need to be able to perform your job well?
your job well?